

Menu 28.04. - 04.05.

Maanantai

Salad bar	M	
Lentil soup	M	
Mie Goreng tofu	M	
Cajun chicken (Fin)	G, M	FI

Tiistai

Salad bar	L	
Cheese cauliflower soup	G, L	
Black bean stew with chili and chocolate	G, M	
Roasted salmon, Mash and lime yogurt	L, G	

Keskiviikko

Mozzarella salad	VL	
Beetroot soup	G, L	
Japanese mushroom stew, sesame broccoli and rice	G, M	
Vegetable balls, tomato and bell-pepper pasta	M	
"Vappu munkki"	M	

Torstai





Kitchen closed	M	
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Perjantai

Salad bar	M	
Broccoli soup	G, L	
Falafel, quinoa tabbouleh and hummus	G, M	
Salmon patties, mash and horseradish mayonnaise	L	

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose

 ≤ 0,5 kg CO₂ e  Parempi valinta
 Healthy choice  Vegaaninen
 Recommended student meal  Opiskelija-ruokailusuos.
   Sisältää porsaanlihaa
 Including pork    Lihan alkuperämaa Suomi / EU / muu
 The country of meat origin: Finnish / EU / non-EU