

Menu 17.02. - 23.02.

Maanantai

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|----------------------------|------|---|
| Salad bar | M | |
| Cheese cauliflower soup | L, G | |
| Nasi Goreng tofu | G, M |  |
| Cod with hollandaise sauce | L, G | |

Tiistai

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|-----------------------------|------|---|
| Salad bar | M | |
| Parsnip pure soup | G, L | |
| Hoisin wok | M | |
| Jerk chicken (FIN) and rice | G, M |  |

Keskiviikko

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|--------------------------------------|------|--|
| Salad bar | M | |
| Tomato soup with chili and coriander | M, G | |
| Vegetable balls with curry sauce | G, M | |
| Oven feta pasta | L | |

Torstai

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|--------------------------------|---|---|
| Chicken (FIN) salad | M | |
| Forest mushroom soup | L | |
| Sweet potato and aubergin stew | M | |
| Lasagne (FIN) | L |  |
| Mango lassi | G | |

Perjantai

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|------------------------------------|------|--|
| Salad bar | VL | |
| Root vegetable soup | L, G | |
| Vegetarian pizza | L | |
| Fish Wallenberg and remulade sauce | G, L | |

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose

 ≤ 0,5 kg CO₂ e  Parempi valinta
 Vegaaninen  Opiskelija-ruokailusuos.
 Sisältää porsaanlihaa    Lihan alkuperämaa Suomi / EU / muu
 Healthy choice Vegan Recommended student meal Including pork The country of meat origin: Finnish / EU / non-EU