

Menu 28.04. - 04.05.

Monday

Garlic roasted meat patties, ranch sauce, roasted potatoes	G, L	 
Pesto covered pollock fillet	G, L	
Mifu chili, rice	G, L	
Cauliflower-broccoli pure soup	G, L	
Rhubarb-orange yoghurt or fruit	G, L	
Halloumi salad or Smoked salmon Bowl		
MyCafe E6 Garlic roasted meat balls, ranch sauce, roasted potatoes	G, L	 

Tuesday

Butter chicken, basmati rice	G, L	
Sweet and salty pork flank, wedge potatoes	G, M	 
Roasted broccoli and tofu, crispy kale, beetroot creme, roasted sunflower seeds	G, M	 
Sweet potato pure soup	G, L	
Pineapple curd or fruit	G, L	
Goat cheese salad or Tandor-Chicken Bowl		
MyCafe E6 Salmon soup with rye bread	G, L	

Wednesday

Cheese covered sausage baked in the oven, mashed potatoes	G, L	
Chicken wings, Ranch and Gochujang sauces, fried potatoes	M	
Shitake-kale pasta, parmesan cheese	L	
Tomato-lentil soup	G, M	
Orange pannacotta or fruit	G	
Shrimp salad or Herb chicken Bowl		
MyCafe E6 Baked potato with smoked salmon-horse radish stuffing	G, L	

Thursday

Happy First of May!

Friday

Minced meat steak, fried onion, sky, roasted potatoes	G, M	 
Spring rolls, sweet chili sauce, basmati rice		
Fennel pure soup	G, L	
Choholate beetroot pie or fruit	L	
Smoked salmon Bowl		

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose