




Menu 17.02. - 23.02.



Monday

Oven-baked sausage with mustardsauce, mashed potatoes and vegetables	L	 
Tuna pasta casserole	L	
Pumpkin puree soup and mini croissant	L	




Tuesday

Beef in Gochujang sauce with rice	M	
Vegetarian omelet roll		
Smoked salmon soup	G, L	




Wednesday

Cajun-Spiced minced meat stew with rice and vegetables	G, M	
Cabbage casserole with lingonberryjam	G, M	
Spinach soup and boiled eggs		

Thursday









Meatballs in creamy sauce with pasta and vegetables	L	
Tomato-feta-zucchini casserole	G	
Pea soup	G, M	 
Pancakes and jam		

Friday

Pizza in "house style"	L	  
Vegetarian pizza	L	
Ginger-carrot puree soup with fried halloumi cheese	G, L	

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa. Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose

 ≤ 0,5 kg CO₂ e  Parempi valinta Healthy choice  Vegaaninen Vegan  Opiskelija-ruokailusuos. Recommended student meal  Sisältää porsaanlihaa Including pork    Lihan alkuperämaa Suomi / EU / muu The country of meat origin: Finnish / EU / non-EU