

## Menu 25.11. - 01.12.

### Monday

- Goat cheese covered beetroot and vegetarian rice  
 Beef and vegetables Korean style and rice  
 BBQ and pork baguette

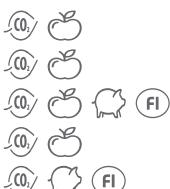
G, VL  
 M  
 M



### Tuesday

- Root puree soup  
 Tomato- mozzarella cheese pizza  
 Wiener soup and bananas  
 Crispy fish, citron mayonnaise and potatoes  
 BBQ and pork baguette

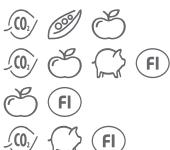
G, L  
 L  
 G, M  
 L  
 M



### Wednesday

- Soy rolls, beetroot hummus and barley  
 Ham casserole  
 Green curry chicken and rice  
 BBQ and pork baguette

M  
 G, L  
 G, M  
 M



### Thursday

- Soy and cabbage casserole, lingonberry jam and potatoes  
 Tikka Masala seasoned fish and rice  
 Texas beef chili and rice  
 BBQ and pork baguette

G, M  
 G, M  
 G, M  
 M



### Friday

- Pesto and pasta  
 Chicken rolls, potatoes, and curry mayonnaise  
 BBQ and pork baguette

M  
 G, M  
 M



Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.  
 Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

**G** Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose



≤ 0,5 kg CO<sub>2</sub> e  
 Parempi valinta  
 Healthy choice



Vegaaninen  
 Vegan



Opiskelija-ruokailusuos.  
 Recommended student meal



Sisältää porsaanlihaa  
 Including pork



Lihан alkuperämaa Suomi / EU / muu  
 The country of meat origin: Finnish / EU / non-EU

