

Menu 15.07. - 21.07.

Monday

Harissa-spiced vegetable stew, soy gurt and steamed rice

G, M



Kebab in tomato sauce with rice

G, M



Tuesday

Bean-veggie curry and steamed rice

G, M



Cheese crusted oven baked sausage, ketchup and potatoes

G, L



Creamy salmon soup

G, L



Wednesday

Soy-vegetable lasagnette

L



Grilled pork steak, chili mayo and roasted potatoes

M



Thursday

Roasted broccoli and organic tofu, beetroot creme and potatoes

G, M



Chicken in mango sauce with rice

G, M



Pea soup and pancake

L



Vegetable pea soup

G, M



Pancake, jam and cream

L



Friday

Vegetable risotto made of vebab

M










Salmon bunsns, dill-sour cream sauce and potatoes

G, L



Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose

 ≤ 0,5 kg CO₂ e  Parempi valinta
 Vegaaninen  Opiskelija-ruokailusuos.
 Sisältää porsaanlihaa  Lihan alkuperämaa Suomi / EU / muu
 The country of meat origin: Finnish / EU / non-EU 